

PSYCHOLOGICAL COUNSELLORS

We provide psychological services to children, adolescents, adults, couples and groups with a range of emotional and psychological challenges



MAAHIERAH 073 487 6449

STACEY 078 440 7099.

mstherapy13@gmail.com

- Relationship guidance
- Trauma
- Adjustment difficulties i.e. divorce, new school/job, illness
- Depression and anxiety

- Bereavement/loss
- Addiction
- Abuse
- Behavioural difficulties

Stacey Elias
(PRC 0014796)
Registered Counsellor
B Psych UWC

Maahierah Abrahams
(PRC 0009938)
Registered Counsellor
BA (HONS) Psych UWC

3 Prospect Hill Road, Wynberg 7800, Cape Town