

# PSYCHOLOGICAL COUNSELLORS

We provide psychological services to children, adolescents, adults, couples and groups with a range of emotional and psychological challenges



**MAAHIERAH 073 487 6449**

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[mstherapy13@gmail.com](mailto:mstherapy13@gmail.com)

- Relationship guidance
- Trauma
- Adjustment difficulties i.e. divorce, new school/job, illness
- Depression and anxiety

- Bereavement/loss
- Addiction
- Abuse
- Behavioural difficulties

Stacey Elias  
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Registered Counsellor  
B Psych UWC

Maahierah Abrahams  
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